

# Four Seasons Farmers and Artisans Market

Sharing the Harvest  
Year round- a community food share

**Fall Share**  
**August 10, 2019 - November 2, 2019**  
**(12 weeks)**



## Join the Four Seasons Food Share Program and Enjoy These Benefits

- Support local farms, ranches and urban producers
- Get Colorado grown products in all seasons
- Save money on naturally and organically produced food
- Reduce packaging and transportation costs
- Send a major portion of your food dollars to Colorado farms
- Increase the variety of food items in your diet
- Set a personal and family standard for healthy food
- Use *EBT and Double Up Food Bucks* for payment if eligible.
- Attend free food production, preparation and preservation workshops

## Food Share Choices *(Cross out any items you do not want)*

Protein	Starch	Vegetable	Fruit	Value Added
Meat – Beef & Bison	Bread–Whole Grain	Greens-Lettuce	Peaches	Apple Butter
Lamb & Pork	Sourdough, Quick Bread	Microgreens	Cherries	Jams, Teas
Eggs–Chicken/Duck	Beans, Tortillas	Root-Beets-Carrots	Plumbs, Apples	Summer Sausage
Cheese	Flour, Pasta, Quinoa	Squash, Potatoes	Raspberries	Pickles
Dairy	White Wheat Flour	Onions, Garlic	Strawberries	Fermented Items

**Food Allergy:** \_\_\_\_ (Initial) No food restrictions.      \_\_\_\_ (Initial) Food Restrictions  
(Specific Food Restrictions) \_\_\_\_\_

## Weekly Pickup Record

Week	Pickup Date	Notes
1		
2		
3		
3		
5		
6		

Week	Pickup Date	Notes
7		
8		
9		
10		
11		
12		

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### Food Share Agreement

Name (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (MI) \_\_\_\_\_  
 Address (Street) \_\_\_\_\_ (City) \_\_\_\_\_ (Zip) \_\_\_\_\_  
 Phone (Primary) \_\_\_\_\_ (Secondary) \_\_\_\_\_

Weeks	Summer - Fall Share Size	1 <sup>st</sup> Payment	2 <sup>nd</sup> Payment
<input type="checkbox"/> <b>12</b> Aug 10 to Nov 2	<input type="checkbox"/> single - \$300 (\$25.00/wk)	\$175 Aug 10 <sup>th</sup>	\$125 Sep 7 <sup>th</sup>
	<input type="checkbox"/> double-\$380 (\$32.00/wk)	\$225 Aug 10 <sup>th</sup>	\$155 Sep 7 <sup>th</sup>
	<input type="checkbox"/> family of four-\$480 (\$40.00/wk)	\$285 Aug 10 <sup>th</sup>	\$195 Sep 7 <sup>th</sup>
<input type="checkbox"/> <b>8</b>	<input type="checkbox"/> single - \$224 (\$28.00/wk)	\$140 Aug 10 <sup>th</sup>	\$84 Sep 7 <sup>th</sup>
	<input type="checkbox"/> double-\$280 (\$35.00/wk)	\$170 Aug 10 <sup>th</sup>	\$110 Sep 7 <sup>th</sup>
	<input type="checkbox"/> family of four- \$360 (\$45.00/wk)	\$220 Aug 10 <sup>th</sup>	\$140 Sep 7 <sup>th</sup>

Select pickup Days: Pickup at Four Seasons Market – 7043 W 38<sup>th</sup> Avenue, Wheat Ridge, CO 806

<input type="checkbox"/> <b>Wednesday</b> 1 pm to 6 pm	<input type="checkbox"/> <b>Friday</b> 1 pm to 6 pm	<input type="checkbox"/> <b>Sunday</b> 11 am to 4 pm
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*If pickup is not possible at your designated time, please call: 720-560-6648.  
 Shares not collected on day selected will be held 48 hours, then disposed of.*

### Agreement & Payment

I have read this agreement and have initialed indicating the same. I understand that the objective of this share program is to provide fresh, local food. If I am not able to pickup my share, it will be held 48 hours at my selected pick up day and then disposed of. I also understand that my share fee is non-refundable.

Signed: \_\_\_\_\_ DATE: \_\_\_\_\_

Payment 1: Amount: \_\_\_\_\_ Date: \_\_\_\_\_  
 Payment 2: Amount: \_\_\_\_\_ Date: \_\_\_\_\_